

## **Itinerant versus localized spins in $\text{Na}_x\text{CoO}_2$**

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Compounds of the series  $\text{Na}_x\text{CoO}_2$  ( $0.25 < x < 1$ ) represent a physical realization of magnetic systems with planar triangular symmetry, in which metallicity is achieved by controlled carrier injection. The simple metallic phase ( $x < 0.5$ ) is separated from the local moment metallic phase ( $x > 0.5$ ) by the insulating phase occurring at  $x = 0.5$ . A variety of interesting phenomena is observed at different values  $x$  of Na-concentration upon varying the temperature. We discuss the results of  $^{23}\text{Na}$ - and  $^{59}\text{Co}$ -NMR measurements for the cases of ( $x = 0.7$  and  $0.5$ ). In particular we will address some of the difficulties associated with the character of the Co 3d-electron based magnetism in these compounds.